

# 3rd World International Brazilian Jiu-Jitsu Championships for Kids & Teens Hosted by Rommel Dunbar

• July 31, 2010 & August 1, 2010 • Riverside Convention Center

## RULES AND REGULATIONS FOR NO GI

**\*\*\*NO COACHES OR INSTRUCTORS WILL BE ALLOWED ON THE COMPETITION FLOOR,  
THERE WILL BE NO EXCEPTIONS\*\*\***

- All competitors must attend weigh in on August 1, 2010 at the Riverside Convention Center located at 3443 Orange Street, Riverside, CA 92501. Weigh in will be approximately a half hour before your division is to compete. Children of all ages will be required to weigh in.
- Each competitor must turn in an individual registration form along with entry fees.
- Make money orders or cashiers check payable to U.B.J.J.
- **ABSOLUTELY NO PERSONAL CHECKS. NO SAME DAY REGISTRATIONS NO EXCEPTIONS!!**

***If two competitors from the same school reach the finals in their belt and weight division, the decision is placed upon the instructor of that school whether the competitors will or will not fight.***

### **RESTRICTIONS:**

• In all categories the central referee has the authority to stop a match when either of the competitors is in danger of serious bodily harm as a result of a submission and award the victory to competitor applying the submission.

• Cervical locks or neck cranks are not allowed in any category except for chokes in the juveniles or adult divisions in all belts.

• Athletes under 18 (Juveniles) are only allowed to compete in the open class if they are middle weight or heavier.

• Wrestling shoes or any type of shoes, head gear, shirts under the gi (except for girls) and any kind of protectors that can alter the outcome of the match in any way are not allowed in competition.

• In children's divisions between 4-15years, when a competitor is executing a triangle and the opponent stands up it is the referees obligation to stand in a position to protect both athletes, specifically to reduce the risk of cervical damage.

### **Points:**

- Mount – 4 Points
- Back Mount with hooks – 4 points
- Passing the guard to side control – 3 points
- Takedown – 2 points
- Knee on stomach – 2 points
- Sweeps – 2 points

### **Times Limits:**

- 4-6 yrs 2 minutes
- 7-9 yrs 3 minutes
- 10-12 4 minutes
- 13-15 4 minutes
- 16-17 5 minutes

### **Illegal Techniques for ages 4-12yrs:**

- SLAM FROM THE GUARD
- BICEPS LOCK
- WRIST LOCK
- TRIANGLE PULLING THE HEAD
- FOOT LOCKS OF ANY KIND
- KNEE LOCK, LEG LOCK
- CERVICAL LOCK (ANY KIND)
- FRONTAL NECK CRANK
- EZEQUIEL
- CALF LOCK
- OMOPLATA ( SHOULDER LOCK)
- FRONTAL GUILLotine
- SCISSORS TAKEDOWN
- HEEL HOOK

### **Illegal Techniques for ages 13-15yrs:**

- SLAM FROM THE GUARD
- BICEPS LOCK
- WRIST LOCK
- TRIANGLE PULLING THE HEAD
- FOOT LOCKS(ANY KIND)
- KNEE LOCK, LEG LOCK
- CERVICAL LOCK(ANY KIND)
- FRONTAL NECK CRANK
- EZEKIEL
- CALF LOCK
- SCISSORS TAKEDOWN
- HEEL HOOK

### **Illegal Techniques for ages 16-17yrs:**

- SLAM FROM THE GUARD
- LEG LOCKS
- CERVICAL (only without chokes)
- BICEPS LOCK
- CALF LOCK
- WRIST LOCK
- MATA LEAO WITH FOOT
- SCISSORS TAKEDOWN
- HEEL HOOK

### **Winning by:**

- Submission
- Points
- Advantage

*Advantage: It is considered an advantage when the athlete attempts but does not complete any fundamental moves of the fight for example a submission*

### **HYGIENE**

- No gi attire must be washed and dried with no unpleasant odors.
- Toe and fingernails must be cut short and clean.
- People with long hair must keep their hair from interfering with their opponent or themselves during the match.
- Athletes are not permitted to paint their hair with spray and may be disqualified by the referee by doing so

### **No-Gi Attire:**

- Males: may compete with t-shirt or rash guard and board shorts.
- Females: must wear rash guards and board shorts.

**Competitors must abide by the hygiene and no-gi specifications in order to compete; otherwise the opponent will be considered the winner.**